

INSTRUCTIONS FOR CME & MOC, PART 4 CREDIT



Dear HOPE curriculum participant:

Thank you for your interest in the HOPE Project! In this user guide you will find the following instructions:

- ✓ How to earn and claim CME credits
- ✓ How to earn and claim MOC, part 4 activity credit
- ✓ How to join the HOPE Project
- ✓ How to navigate through the HOPE Project website “troubleshooting”

How to earn and claim CME units

Any provider wishing to earn MOC, Part IV activity credit, **must** first complete **all** modules for which you will also receive continuing medical or dental education units. To view the modules and earn CME unit credit you must do the following:

1. Complete the registration pre-test (appeared when you **first** logged on to the HOPE Project website)
2. Complete **all** questions to **all** pre-test and post-test quizzes for the modules. You **may not** skip any question or quiz.
3. View the **entire** module video/slideshow.

The following table shows the breakdown for credit by module or video

MODULE	CME Credits
Introduction to HOPE Project	0.5 hours
Expert Committee Recommendations	1.25 hours
Behavioral Counseling	0.75 hours
Motivational Interviewing	0.5 hours
Building a System to Implement Obesity Guidelines	0.5 hours
Advocacy and Childhood Obesity	0.75 hours
Oral Health & Obesity	0.5 hours
Advanced Parenting	0.5 hours
Cultural Sensitivity Overview	0.25 hours
Cultural Sensitivity – Latino	0.5 hours
Cultural Sensitivity – African American	0.5 hours
Cultural Sensitivity – Native American	0.25 hours
Cultural Sensitivity – Asian/Pacific Islander	0.75 hours
Role Play Videos	0.75 hours
BMI Video	0.25 hours
TOTAL	10.5 hours

The HOPE Project Team will send out completion certificates via email to providers earning continuing education units.

Accreditation: Rady Children's Hospital-San Diego is accredited by the Accreditation Council for Continuing Medical Education to sponsor continuing medical education for physicians.

CME Credit: Rady Children's Hospital-San Diego designates this educational activity for a maximum of **10.5** AMA PRA Category 1 Credit(s) TM. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Dental Credit: January 27, 2009 Dental Provider # 10.5-2756-09-010

How to earn and claim MOC, Part IV activity credit

Starting **September 1st, 2010**, the HOPE Project is allowing providers to earn MOC, Part 4 activity credit.

In order to receive MOC, part 4 activity credit you must:

- Complete all HOPE modules (for which they will receive CME credit) and then the specified MOC activity.
- There will be 2 quality improvement cycles and 3 data collection cycles (involving 10 patient charts each) for this MOC activity.
- The timeline for this activity is as follows:
 - ⇒ Performance of all HOPE modules with accompanying CME credit followed by performance of initial data collection
 - ⇒ A quality improvement project and second data collection to be performed over a minimum of 3 months
 - ⇒ A subsequent quality improvement project and final data collection to be performed over a minimum period of 1 month
- Data collection will occur online at each specified time point
- Validation of completion will be sent to participants within 7-10 business days upon completion of the final data entry and notification of the HOPE Project Team.
- For specific directions regarding this MOC activity you can then click on the "Maintenance of Certification, Part IV Activity" module and go through the audio supported tutorial.
- You can also email at hopeproject@ucsd.edu

How to join the HOPE Project Group

In order to access the curriculum, you will need to complete some initial simple steps. This guide outlines how to set up an account with Knoodle and how to then access our website.

You will first need to send us an email asking us to enroll you into the group. We will then ask you to join and you will then receive an email from (no-reply@Knoodle.com) regarding your user account activation. Click on the [\[Log in to the HOPE website to activate your account\]](#) link to activate your account.

New User Account

From: HOPE (no-reply@Knoodle.com)

Sent:

To:



Dear D,

A new user account has been created for you at HOPE.
Please use the following User ID and Password information to access your new account.

User ID:

Password:

[\[Log in to the HOPE website to activate your account\]](#)

If the above link did not work for you, copy and paste the URL below into your web browser and access the website from there.

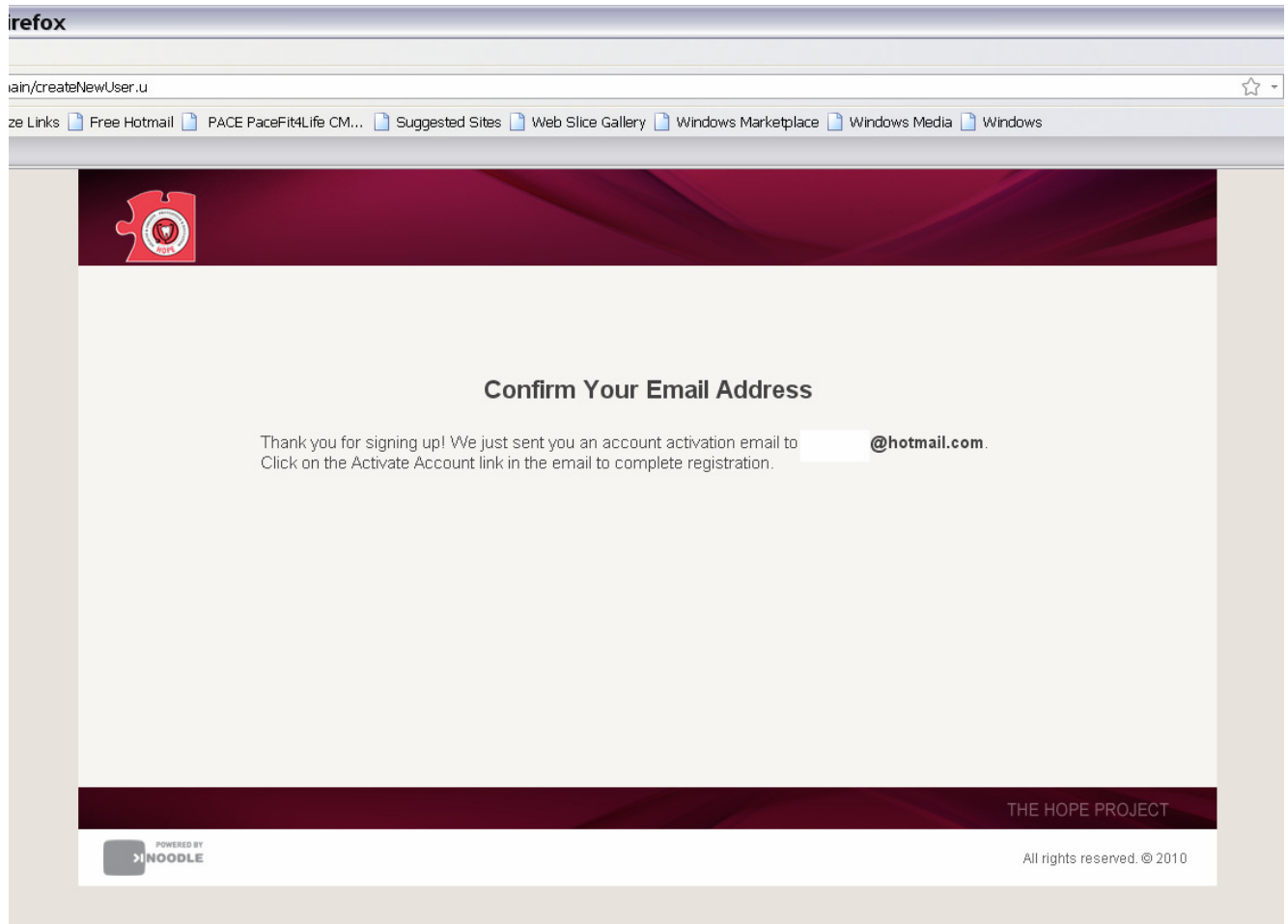
[http://hope.app.knoodle.com/main/activate_account.u?
code=76230035e0804b2781eb59cf012acafc&groupId=42f736d928094ad9bc4b131e75fc7353&trackUrlId=729&inviteCode=ff9bf35dfa6d46b8bd54a30754dc65af](http://hope.app.knoodle.com/main/activate_account.u?code=76230035e0804b2781eb59cf012acafc&groupId=42f736d928094ad9bc4b131e75fc7353&trackUrlId=729&inviteCode=ff9bf35dfa6d46b8bd54a30754dc65af)

Important! Use the following URL to access your account in the future. Be sure to bookmark it in your web browser so you can easily return to the website:

<http://hope.app.knoodle.com/main/>

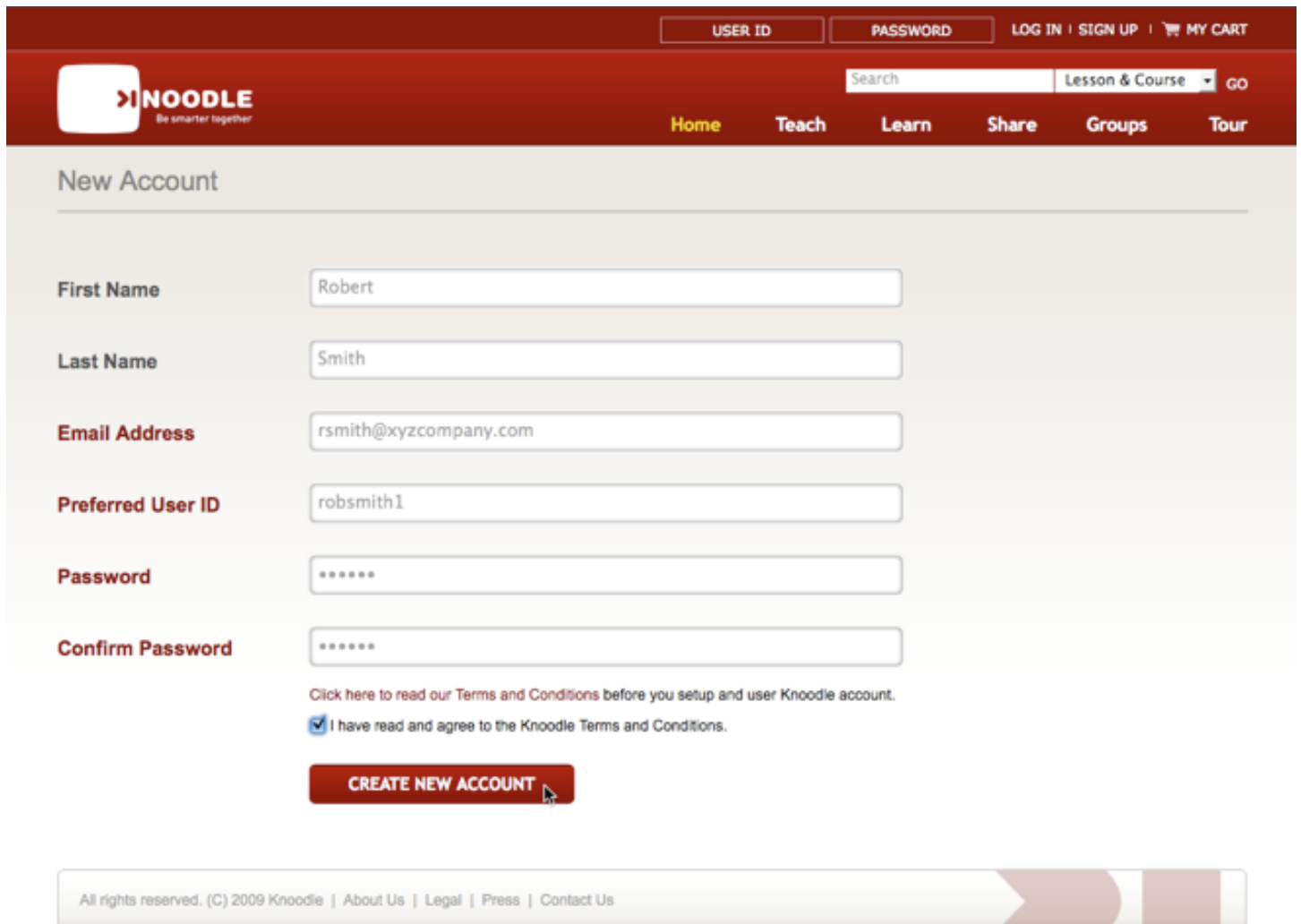
Best Regards,
HOPE

Once you have created an account, you will receive a confirmation screen like the one shown below.



You will need to enter your first and last name, email address, preferred user ID, and password (see screen below) to set up a user account.

Select the “I have read and agree to the Knoodle Terms and Conditions” checkbox then click the Create New Account button



The screenshot shows the 'New Account' registration page on the Knoodle website. The page has a dark red header with the Knoodle logo and navigation links. The main content area is light gray and contains a form with the following fields:

- First Name:** Robert
- Last Name:** Smith
- Email Address:** rsmith@xyzcompany.com
- Preferred User ID:** robsmith1
- Password:** (masked with dots)
- Confirm Password:** (masked with dots)

Below the form, there is a link to the Terms and Conditions and a checked checkbox indicating agreement. A red 'CREATE NEW ACCOUNT' button is at the bottom of the form.

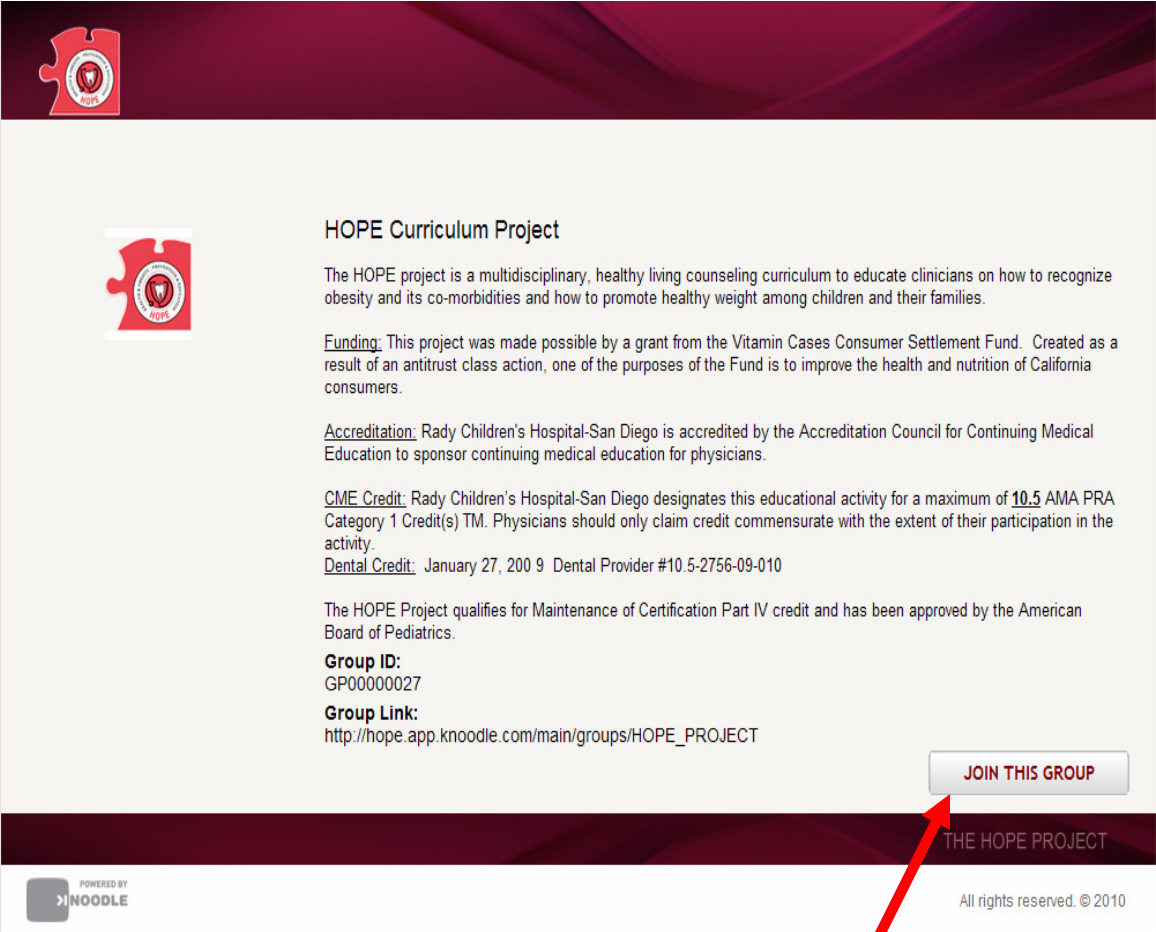
Header: USER ID, PASSWORD, LOG IN | SIGN UP | MY CART

Navigation: Home, Teach, Learn, Share, Groups, Tour

Footer: All rights reserved. (C) 2009 Knoodle | About Us | Legal | Press | Contact Us

To access the HOPE Project, go to the Groups section of the website and search for HOPE or click the HOPE icon directly from the Featured Groups section at the top of the page.

After you click on the HOPE Curriculum, you will see details about the HOPE Project.



HOPE Curriculum Project

The HOPE project is a multidisciplinary, healthy living counseling curriculum to educate clinicians on how to recognize obesity and its co-morbidities and how to promote healthy weight among children and their families.

Funding: This project was made possible by a grant from the Vitamin Cases Consumer Settlement Fund. Created as a result of an antitrust class action, one of the purposes of the Fund is to improve the health and nutrition of California consumers.

Accreditation: Rady Children's Hospital-San Diego is accredited by the Accreditation Council for Continuing Medical Education to sponsor continuing medical education for physicians.

CME Credit: Rady Children's Hospital-San Diego designates this educational activity for a maximum of **10.5** AMA PRA Category 1 Credit(s) TM. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Dental Credit: January 27, 200 9 Dental Provider #10.5-2756-09-010

The HOPE Project qualifies for Maintenance of Certification Part IV credit and has been approved by the American Board of Pediatrics.

Group ID:
GP00000027

Group Link:
http://hope.app.knoodle.com/main/groups/HOPE_PROJECT

JOIN THIS GROUP

THE HOPE PROJECT

POWERED BY
X NOODLE

All rights reserved. © 2010

You must select "Join this Group" which will send a request to the HOPE Project Team.


You must now complete the registration form. You **must** answer all questions in order to be eligible to receive continuing education units.

Internet Explorer

?groupId=42f736d928094ad9bc4b131e75fc73538&inviteCode=ff9bf35dfa6d46b8bd54a30754dc65af&trackUrlId=7298&userCode=76230035e0804b2781eb59cf012acafc

Home | YouTube | Facebook | Games | Amazon | Lilliputian | Weather | E-mail

vention A... | HOPE - Groups - Group ... | Enfermedad inflamatori... | gmail Email from Google | TAHLC-CMS | American Board of Pedi... | Microsoft Exchange - O... | PACE Pace



Registration Form

Welcome to the HOPE Project! Please complete this registration form in its entirety. If you have any questions, please contact us at hopeproject@ucsd.edu

1

* How did you learn about the HOPE Project?

American Board of Pediatrics

2

* What is your specialty?

☒ Pediatrics

☐ Pediatric Dentistry

☐ Family Medicine

☐ General Dentistry

☐ Internal Medicine


☐ Preventive Medicine

☐ ...

SUBMIT

BACK


THE HOPE PROJECT

 POWERED BY NOODLE


All rights reserved. © 2010

You are now an official member of the HOPE Project Group. For future visits to the HOPE Project website, use the following link:

http://hope.app.knooodle.com/main/groups/HOPE_PROJECT



[Groups](#) [Support](#) [My Account](#) [Logout](#)



HOPE Curriculum Project

The HOPE project is a multidisciplinary, healthy living counseling curriculum to educate clinicians on how to recognize obesity and its co-morbidities and how to promote healthy weight among children and their families.

Funding: This project was made possible by a grant from the Vitamin Cases Consumer Settlement Fund. Created as a result of an antitrust class action, one of the purposes of the Fund is to improve the health and nutrition of California consumers.









Accreditation: Rady Children's Hospital-San Diego is accredited by the Accreditation Council for Continuing Medical Education to sponsor continuing medical education for physicians.

CME Credit: Rady Children's Hospital-San Diego designates this educational activity for a maximum of **10.5** AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.


Dental Credit: January 27, 2009 Dental Provider #10.5-2756-09-010

The HOPE Project qualifies for Maintenance of Certification Part IV credit and has been approved by the American Board of Pediatrics.

>> Topics


Topics	Replies	Views	Last post
 Introduction to the HOPE project	0	407	
 HOPE Curriculum Website Instructions & Contact Info	0	187	
 Expert Committee Recommendations	0	221	
 Behavioral Counseling & Motivational Interviewing	0	286	
 Role Plays	0	273	
 Oral Health and Obesity	0	111	
 Building a System to Implement Obesity Guidelines	0	80	
 Advocacy and Childhood Obesity	0	74	

Featured Presentations




Dr. Jeannie Huang
Program Director, HOPE Project

[Introduction to HOPE...](#)




Christine Wood, MD
Professor of Pediatrics
University of California, San Diego

[Advocacy](#)




Linda Hill, MD
Professor of Pediatrics and Adolescent Medicine
University of California, San Diego

[Building a System](#)



Dr. Jeannie Huang
Program Director, HOPE Project

[Expert Committee Re...](#)



Kerri Roselle, PhD
Professor of Pediatrics
University of California, San Diego

[Motivational Interviewi...](#)

How to navigate through the HOPE Project website

As a reminder, in order to begin the program on the website, you will need your pre-assigned login and password which you should have received via private email. A listing of the assigned login and password for each registered participant at your residency program has also been sent to your program coordinator. Please contact your program coordinator if you have deleted or misplaced your login information.

You may join the HOPE project via the following link:

http://hope.app.knoodle.com/main/groups/HOPE_PROJECT

After login, the following welcome screen will be displayed. You can view lessons individually (choose featured lessons on the right hand side). Alternatively, you can select topics, where related lessons and materials are listed together. There are a total of 18 power point lectures for a total of 10.5 medical or dental education credit. These credits will be assigned to you under your own specific login.

Therefore it is important that you login under your assigned login and password for education credit.

To select a lesson module, click on the accompanying picture frame.

To select a lesson click on the topic title

Knoodle Be smarter together

Hello: xjb123 | MY ACCOUNT SIGN OUT | MY CART

Search Lesson & Course GO

Home Teach Learn Share Groups Tour

HOPE Curriculum Project

The HOPE project is a multidisciplinary, healthy living counseling curriculum to educate clinicians on how to recognize obesity and its co-morbidities and how to promote healthy weight among children and their families.

Funding: This project was made possible by a grant from the Vitamin Cases Consumer Settlement Fund. Created as a result of an antitrust class action, one of the purposes of the Fund is to improve the health and nutrition of California consumers.

Accreditation: Rady Children's Hospital-San Diego is accredited by the Accreditation Council for Continuing Medical Education to sponsor continuing medical education for physicians.

CME Credit: Rady Children's Hospital-San Diego designates this educational activity for a maximum of **10.5** AMA PRA Category 1 Credit(s) TM. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Dental Credit: January 27, 2009 Dental Provider # 10.5-2756-09-010

Groups >> HOPE Curriculum Project

Search for topic or comment Search opt out of this group

Topics

Topics	Replies	Views	Last post
Introduction to the HOPE project	0	67	
HOPE Curriculum Website Instructions & Contact Info	0	64	
Expert Committee Recommendations	0	25	
Behavioral Counseling & Motivational Interviewing	0	16	

Featured Lessons

Dr. Jeanette Huang Program Director, HOPE Project

*Introduction to HOPE...

Advocacy

Building a System

Dr. Jeanette Huang Program Director, HOPE Project

When you select a topic, the following screen will be displayed:

The screenshot displays the INOODLE web application interface. At the top, a red header bar contains the INOODLE logo, a search bar, and navigation links: Home, Teach, Learn, Share, Groups, and Tour. The main content area shows a topic summary for 'Cultural Sensitivity and Weight Management'. The topic is dated 'Jun 25, 2009 12:55 AM' and is labeled '#1'. The summary text states: 'This topic covers how to address weight in a culturally appropriate manner, using approaches specific to the cultures of Hispanic Americans, African Americans, Native Americans, and Asian Americans/Pacific Islanders. TO RETURN TO THE HOME PAGE, USE THE BACK BUTTON ON YOUR INTERNET BROWSER.' Below the text, there are five thumbnail images representing lessons. A red arrow points to the fifth thumbnail, labeled 'Cultural Sensitivity Over...'. Below the thumbnails, there is a section for supplementary materials, including a link to 'Cultural Assessment Form - ... The Cultural Assessment Form in Spanish' and a link to 'Cultural Assessment Form.pdf The Cultural Assessment Form will provide clinicians with important cultural history to improve awarene...'. A red arrow points to the supplementary materials section, labeled 'Supplementary materials'. The bottom of the screen shows a 'Previous | 1 | Next' navigation bar and a 'Post a Comment' button.

Groups >> HOPE Curriculum Project >> Cultural Sensitivity an...

Post a Comment

Cultural Sensitivity and Weight Management

Jun 25, 2009 12:55 AM #1

ucsd_hope1

This topic covers how to address weight in a culturally appropriate manner, using approaches specific to the cultures of Hispanic Americans, African Americans, Native Americans, and Asian Americans/Pacific Islanders.

TO RETURN TO THE HOME PAGE, USE THE BACK BUTTON ON YOUR INTERNET BROWSER.

Obesity Prevention in La... Obesity Prevention & Afr... Asian Americans, Pacific... Obesity and the Native ... Cultural Sensitivity Over...

@Cultural Assessment Form - ... The Cultural Assessment Form in Spanish

Cultural Assessment Form.pdf The Cultural Assessment Form will provide clinicians with important cultural history to improve awarene...

Previous | 1 | Next

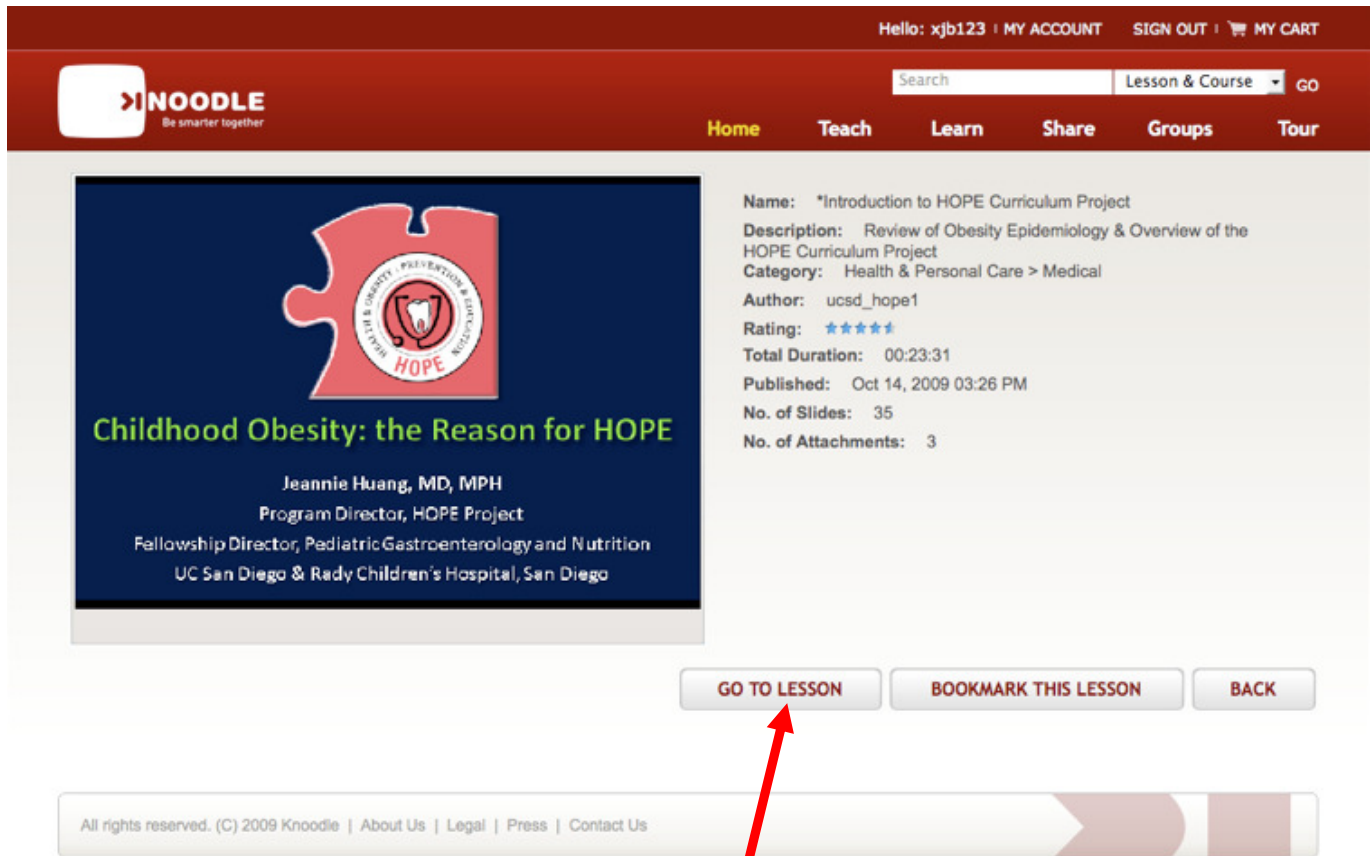
Post a Comment

Lessons

Supplementary materials

From this topic summary screen, lessons can then be selected.
Supplementary materials can be selected for view from the bottom listing.

When you select a lesson, you will initially be directed to the following module introductory screen where you will receive some basic information on the module.



The screenshot shows the Knoodle website interface. At the top, there is a navigation bar with the Knoodle logo and tagline 'Be smarter together'. To the right of the logo is a search bar and a dropdown menu for 'Lesson & Course' with a 'GO' button. Further right are links for 'Hello: xjb123', 'MY ACCOUNT', 'SIGN OUT', and 'MY CART'. Below the navigation bar is a secondary menu with links: 'Home', 'Teach', 'Learn', 'Share', 'Groups', and 'Tour'. The main content area is divided into two columns. The left column features a large blue box with a red puzzle piece graphic containing a circular logo with a tooth and the text 'HOPE'. Below the graphic, the title 'Childhood Obesity: the Reason for HOPE' is displayed in green, followed by the author's name 'Jeannie Huang, MD, MPH' and her title 'Program Director, HOPE Project'. Below that, her role 'Fellowship Director, Pediatric Gastroenterology and Nutrition' and affiliation 'UC San Diego & Rady Children's Hospital, San Diego' are listed. The right column contains lesson details: 'Name: *Introduction to HOPE Curriculum Project', 'Description: Review of Obesity Epidemiology & Overview of the HOPE Curriculum Project', 'Category: Health & Personal Care > Medical', 'Author: ucsd_hope1', 'Rating: ★★★★★', 'Total Duration: 00:23:31', 'Published: Oct 14, 2009 03:26 PM', 'No. of Slides: 35', and 'No. of Attachments: 3'. At the bottom of the main content area, there are three buttons: 'GO TO LESSON', 'BOOKMARK THIS LESSON', and 'BACK'. A red arrow points from the 'GO TO LESSON' button down to the text below the screenshot. At the very bottom of the page, there is a footer with the text 'All rights reserved. (C) 2009 Knoodle | About Us | Legal | Press | Contact Us'.

You must click on the “Go to Lesson” button to go to the lesson and PowerPoint presentation.

INNOODLE Be smarter together

Hello: xjb123 | MY ACCOUNT SIGN OUT | MY CART

Search Lesson & Course GO

Home Teach Learn Share Groups Tour

Now playing: *Introduction to HOPE Curriculum Project

Instructor Name: ucsd_hope1
Lesson Name: *Introduction to HOPE Curriculum Project
Description: Review of Obesity Epidemiology & Overview of the HOPE Curriculum Project

Childhood Obesity: the Reason for HOPE

Jeannie Huang, MD, MPH
Program Director, HOPE Project
Fellowship Director, Pediatric Gastroenterology and Nutrition
UC San Diego & Rady Children's Hospital, San Diego

00:00:14 00:23:31

Tool Bar

To begin the PowerPoint presentation, you must click on the Play arrow button (indicated by yellow arrow). **The loading of the lesson is dependent on your internet connection speed and may take a few minutes.** Prior to each presentation, you will be asked to perform a **mandatory** knowledge pre-test (see screen shot below). You must perform the pre-test the **first** time you see the presentation. Thereafter (i.e. every visit after the 1st), you may merely hit the “Skip” button at the end of the pre-test.

INNOODLE Be smarter together

Hello: xjb123 | MY ACCOUNT SIGN OUT | MY CART

Search Lesson & Course GO

Home Teach Learn Share Groups Tour

Now playing: *Introduction to HOPE Curriculum Project

Instructor Name: ucsd_hope1
Lesson Name: *Introduction to HOPE Curriculum Project
Description: Review of Obesity Epidemiology & Overview of the HOPE Curriculum Project

Childhood Obesity: the Reason for HOPE

Jeannie Huang, MD, MPH
Program Director, HOPE Project
Fellowship Director, Pediatric Gastroenterology and Nutrition
UC San Diego & Rady Children's Hospital, San Diego

00:00:00 00:23:31

Tool Bar

Test Name: Preview Test Obesity Overview Knowledge Assessment

This short question and answer session will determine your current knowledge of information discussed in this module.

As of 2006, what percentage of children aged 2 to 19 years is affected by overweight or obesity?

- ☐ 10%
- ☐ 15%
- ☐ 20%
- ☐ 33%
- ☐ 40%

Among GIRLS, which ethnic group is disproportionately affected by overweight or obesity?

- ☐ Native American
- ☐ African American
- ☐ Asian American
- ☐ Mexican American

Once in the presentation, to replay or jump to any particular slide, you should click on a slide in the slide bar (indicated by the green arrow). Supplementary materials (noted by the purple arrow) are also available for view under the dual screen/slide selection bar. To view and download, you should click on the named file.

The screenshot displays the iNOODLE platform interface. At the top, a red navigation bar includes the iNOODLE logo, a search bar, and links for 'Hello: xjb123 | MY ACCOUNT', 'SIGN OUT | MY CART', and a 'Lesson & Course' dropdown. Below this, a secondary navigation bar lists 'Home', 'Teach', 'Learn' (highlighted), 'Share', 'Groups', and 'Tour'. The main content area shows a video player for a lesson titled '*Introduction to HOPE Curriculum Project'. The video is currently playing a slide titled 'Obesity Prevalence' which displays a pie chart of weight status among US children from 2003-2006. The chart shows 31.9% Non-Overweight (red), 15.6% Overweight (green), and 16.3% Obese (purple). A green arrow points to the slide bar below the video, and a purple arrow points to the 'File Attachments' section. The 'File Attachments' section lists 'Bibliography', 'HOPE Project Summary', and 'Slide NOTES'. Below this is a comment box with a 'POST A COMMENT' button and a 'Tool Bar' with various icons for navigation and interaction.

Now playing: *Introduction to HOPE Curriculum Project

Instructor Name: **ucsd_hope1**
Lesson Name: *Introduction to HOPE Curriculum Project
Description: Review of Obesity Epidemiology & Overview of the HOPE Curriculum Project

Obesity Prevalence
Weight Status among US Children 2003-2006

Weight Status	Percentage
Non-Overweight	31.9
Overweight	15.6
Obese	16.3

Source: Ogden et al. JAMA, 2008.

File Attachments: [Bibliography](#) | [HOPE Project Summary](#) | [Slide NOTES](#)

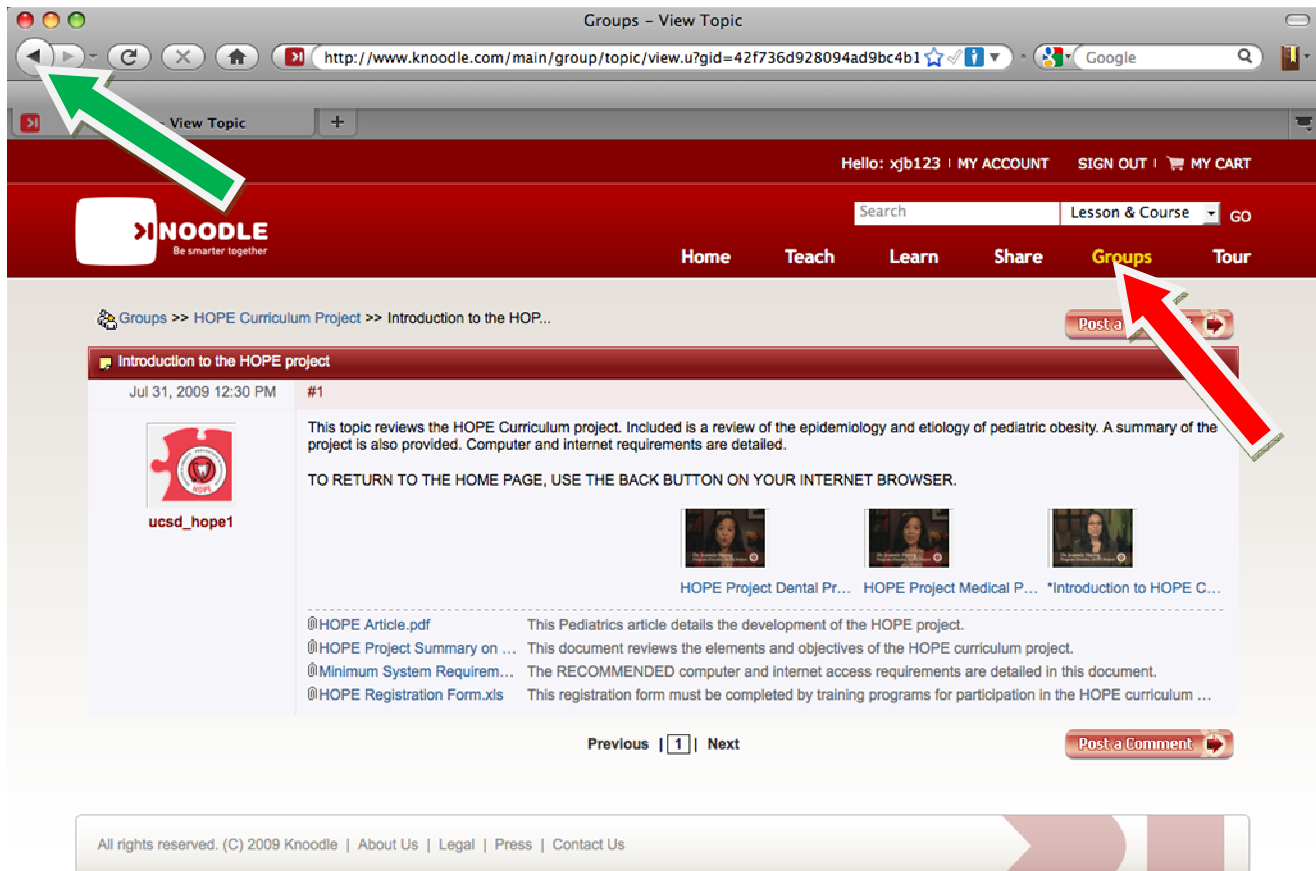
Post your comment here... [POST A COMMENT](#)

Tool Bar

Please note that evaluation is an important component of HOPE and necessary for ACGME requirements. Prior to each module, a mandatory pre-test will appear (discussed above). You will need to complete the pre-test before you are given access to the module lesson. After each module, you will be asked to perform a mandatory post-test. **Participants must complete the post-test to receive education credit for the module/lesson.**

Troubleshooting

To return to the main HOPE page, it is best to navigate within the HOPE site **using your browser's back button** as shown by the **green** arrow in the image below.



Alternatively, you may select GROUPS from the top bar (as imaged above by the **red** arrow). If you select this, you will then see the following image (see below). Select the HOPE Curriculum Image (shown by the **purple** arrow) to return to the main page.

