

INSTRUCTIONS FOR CME & MOC, PART 4 CREDIT



Dear HOPE curriculum participant:

Thank you for your interest in the HOPE Project! In this user guide you will find the following instructions:

- ✓ How to earn and claim CME credits
- ✓ How to earn and claim MOC, part 4 activity credit
- ✓ How to join the HOPE Project
- ✓ How to navigate through the HOPE Project website “troubleshooting”

How to earn and claim CME units

Any provider wishing to earn MOC, Part IV activity credit, **must** first complete **all** modules for which you will also receive continuing medical or dental education units. To view the modules and earn CME unit credit you must do the following:

1. Complete the registration pre-test (appeared when you **first** logged on to the HOPE Project website)
2. Complete **all** questions to **all** pre-test and post-test quizzes for the modules. You **may not** skip any question or quiz.
3. View the **entire** module video/slideshow.

The following table shows the breakdown for credit by module or video

MODULE	CME Credits
Introduction to HOPE Project	0.5 hours
Expert Committee Recommendations	1.25 hours
Behavioral Counseling	0.75 hours
Motivational Interviewing	0.5 hours
Building a System to Implement Obesity Guidelines	0.5 hours
Advocacy and Childhood Obesity	0.75 hours
Oral Health & Obesity	0.5 hours
Advanced Parenting	0.5 hours
Cultural Sensitivity Overview	0.25 hours
Cultural Sensitivity – Latino	0.5 hours
Cultural Sensitivity – African American	0.5 hours
Cultural Sensitivity – Native American	0.25 hours
Cultural Sensitivity – Asian/Pacific Islander	0.75 hours
Role Play Videos	0.75 hours
BMI Video	0.25 hours
TOTAL	10.5 hours

The HOPE Project Team will send out completion certificates via email to providers earning continuing education units.

Accreditation: Rady Children's Hospital-San Diego is accredited by the Accreditation Council for Continuing Medical Education to sponsor continuing medical education for physicians.

CME Credit: Rady Children's Hospital-San Diego designates this educational activity for a maximum of **10.5** AMA PRA Category 1 Credit(s) TM. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Dental Credit: January 27, 2009 Dental Provider # 10.5-2756-09-010

How to earn and claim MOC, Part IV activity credit

Starting **September 1st, 2010**, the HOPE Project is allowing providers to earn MOC, Part 4 activity credit.

In order to receive MOC, part 4 activity credit you must:

- Complete all HOPE modules (for which they will receive CME credit) and then the specified MOC activity.
- There will be 2 quality improvement cycles and 3 data collection cycles (involving 10 patient charts each) for this MOC activity.
- The timeline for this activity is as follows:
 - ⇒ Performance of all HOPE modules with accompanying CME credit followed by performance of initial data collection
 - ⇒ A quality improvement project and second data collection to be performed over a minimum of 3 months
 - ⇒ A subsequent quality improvement project and final data collection to be performed over a minimum period of 1 month
- Data collection will occur online at each specified time point
- Validation of completion will be sent to participants within 7-10 business days upon completion of the final data entry and notification of the HOPE Project Team.
- For specific directions regarding this MOC activity you can then click on the "Maintenance of Certification, Part IV Activity" module and go through the audio supported tutorial.
- You can also email at hopeproject@ucsd.edu

How to join the HOPE Project Group

In order to access the curriculum, you will need to complete some initial simple steps. This guide outlines how to set up an account with Knoodle and how to then access our website.

You will first need to send us an email asking us to enroll you into the group. We will then ask you to join and you will then receive an email from (no-reply@Knoodle.com) regarding your user account activation. Click on the [\[Log in to the HOPE website to activate your account\]](#) link to activate your account.

New User Account

From: HOPE (no-reply@Knoodle.com)

Sent:

To:



Dear D,

A new user account has been created for you at HOPE.
Please use the following User ID and Password information to access your new account.

User ID:

Password:

[\[Log in to the HOPE website to activate your account\]](#)

If the above link did not work for you, copy and paste the URL below into your web browser and access the website from there.

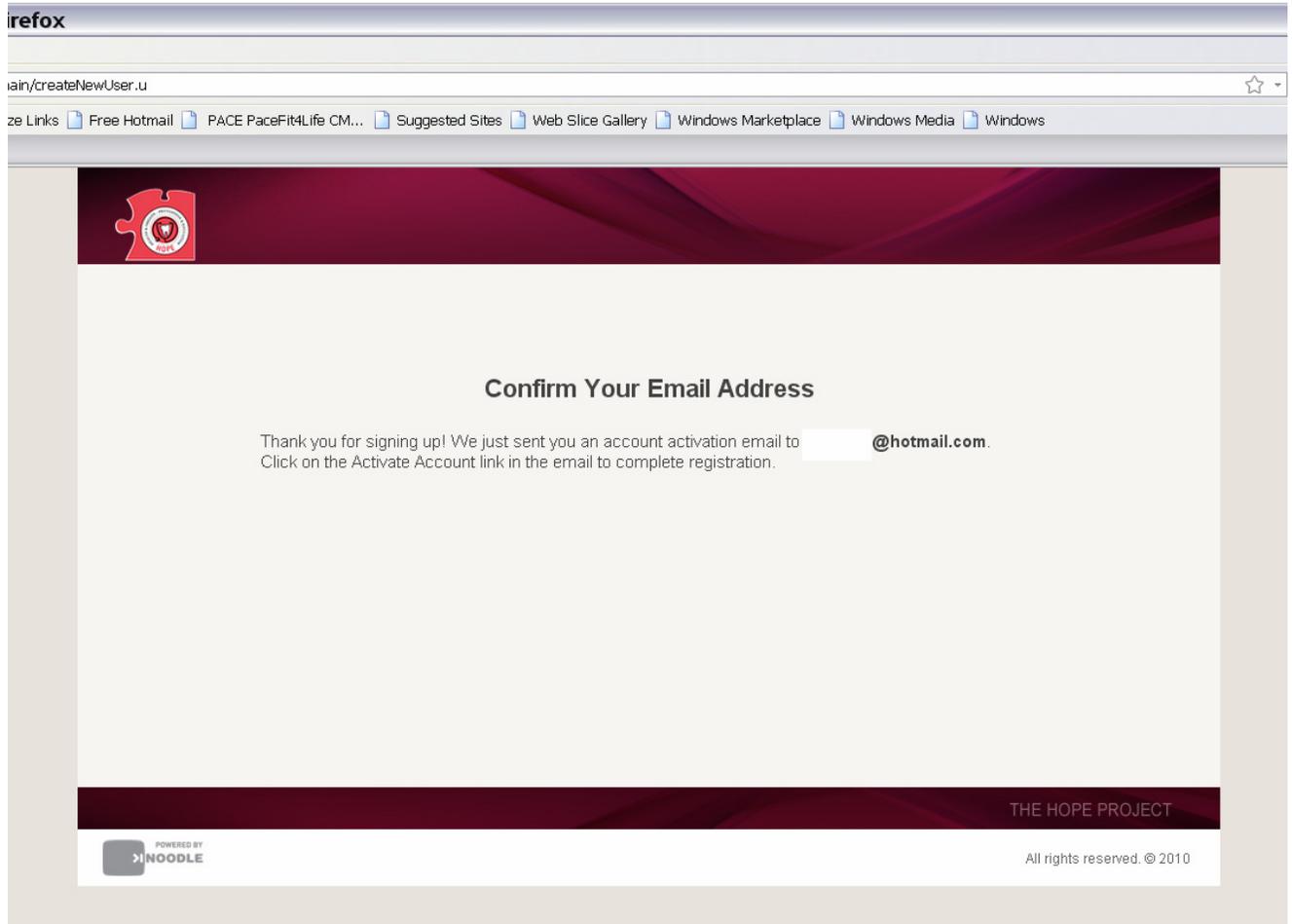
[http://hope.app.knoodle.com/main/activate_account.u?
code=76230035e0804b2781eb59cf012aca4c&groupId=42f736d928094ad9bc4b131e75fc7353&trackUrlId=729&inviteCode=ff9bf35dfa6d46b8bd54a30754dc65af](http://hope.app.knoodle.com/main/activate_account.u?code=76230035e0804b2781eb59cf012aca4c&groupId=42f736d928094ad9bc4b131e75fc7353&trackUrlId=729&inviteCode=ff9bf35dfa6d46b8bd54a30754dc65af)

Important! Use the following URL to access your account in the future. Be sure to bookmark it in your web browser so you can easily return to the website:

<http://hope.app.knoodle.com/main/>

Best Regards,
HOPE

Once you have created an account, you will receive a confirmation screen like the one shown below.



You will need to enter your first and last name, email address, preferred user ID, and password (see screen below) to set up a user account.

Select the "I have read and agree to the Knoodle Terms and Conditions" checkbox then click the Create New Account button

USER ID **PASSWORD** [LOG IN](#) | [SIGN UP](#) | [MY CART](#)

KNODDLE
Be smarter together

Search Lesson & Course **GO**

[Home](#) [Teach](#) [Learn](#) [Share](#) [Groups](#) [Tour](#)

New Account

First Name

Last Name

Email Address

Preferred User ID

Password

Confirm Password

[Click here to read our Terms and Conditions before you setup and user Knoodle account.](#)

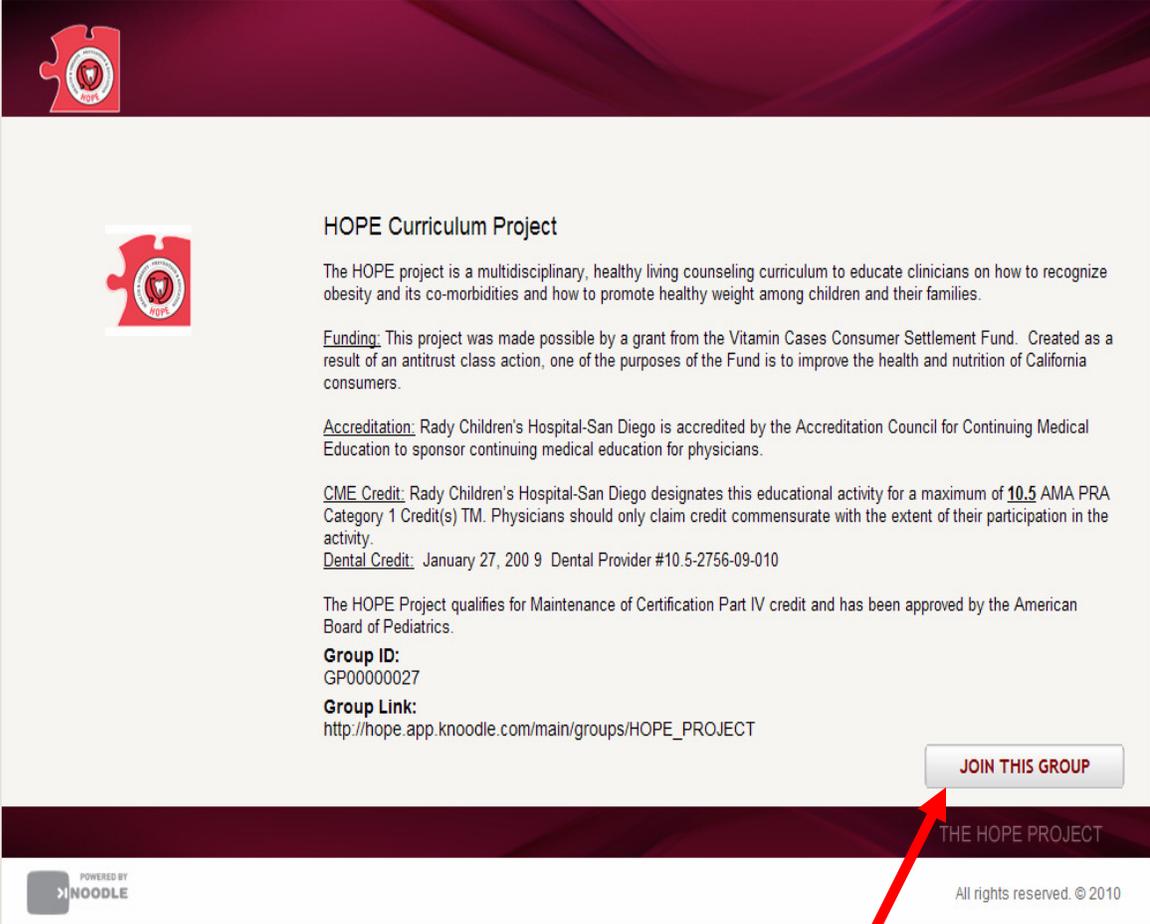
I have read and agree to the Knoodle Terms and Conditions.

CREATE NEW ACCOUNT

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To access the HOPE Project, go to the Groups section of the website and search for HOPE or click the HOPE icon directly from the Featured Groups section at the top of the page.

After you click on the HOPE Curriculum, you will see details about the HOPE Project.



HOPE Curriculum Project

The HOPE project is a multidisciplinary, healthy living counseling curriculum to educate clinicians on how to recognize obesity and its co-morbidities and how to promote healthy weight among children and their families.

Funding: This project was made possible by a grant from the Vitamin Cases Consumer Settlement Fund. Created as a result of an antitrust class action, one of the purposes of the Fund is to improve the health and nutrition of California consumers.

Accreditation: Rady Children's Hospital-San Diego is accredited by the Accreditation Council for Continuing Medical Education to sponsor continuing medical education for physicians.

CME Credit: Rady Children's Hospital-San Diego designates this educational activity for a maximum of **10.5** AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Dental Credit: January 27, 200 9 Dental Provider #10.5-2756-09-010

The HOPE Project qualifies for Maintenance of Certification Part IV credit and has been approved by the American Board of Pediatrics.

Group ID:
GP00000027

Group Link:
http://hope.app.knoodle.com/main/groups/HOPE_PROJECT

JOIN THIS GROUP

THE HOPE PROJECT

POWERED BY
NOODLE

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You must select "Join this Group" which will send a request to the HOPE Project Team.

You must now complete the registration form. You **must** answer all questions in order to be eligible to receive continuing education units.

Internet Explorer

?groupId=42f736d928094ad9bc4b131e75fc73538&inviteCode=ff9bf35dfa6d46b8bd54a30754dc65af&trackUrlId=729&userCode=76230035e0804b2781eb59cf012acafc

Internet Explorer | YouTube | Facebook | Games | Amazon | Lilliputian | Weather | E-mail

vention A... | HOPE - Groups - Group ... | Enfermedad inflamatori... | gmail Email from Google | TAHL-CMS | American Board of Pedi... | Microsoft Exchange - O... | PACE Pace



Registration Form

Welcome to the HOPE Project! Please complete this registration form in its entirety. If you have any questions, please contact us at hopeproject@ucsd.edu

1

* How did you learn about the HOPE Project?

American Board of Pediatrics

2

* What is your specialty?

- Pediatrics
- Pediatric Dentistry
- Family Medicine
- General Dentistry
- Internal Medicine
- Preventive Medicine
- ...

SUBMIT

BACK

THE HOPE PROJECT



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You are now an official member of the HOPE Project Group. For future visits to the HOPE Project website, use the following link:

http://hope.app.knooodle.com/main/groups/HOPE_PROJECT

The screenshot displays the HOPE Project website interface. At the top, there is a navigation bar with links for "Groups", "Support", "My Account", and "Logout". The main content area is divided into several sections:

- HOPE Curriculum Project:** A section with a red puzzle-piece logo containing the HOPE acronym. It includes a description of the project as a multidisciplinary curriculum, followed by sections for "Funding", "Accreditation", "CME Credit", and "Dental Credit".
- Search:** A search bar with the placeholder text "Search for topic or comment" and a "Search" button.
- Topics:** A table listing various topics with columns for "Topics", "Replies", "Views", and "Last post".
- Featured Presentations:** A vertical list of video thumbnails with titles such as "Introduction to HOPE...", "Advocacy", "Building a System", "Expert Committee Re...", and "Motivational Interview...".

Topics	Replies	Views	Last post
Introduction to the HOPE project	0	407	
HOPE Curriculum Website Instructions & Contact Info	0	187	
Expert Committee Recommendations	0	221	
Behavioral Counseling & Motivational Interviewing	0	286	
Role Plays	0	273	
Oral Health and Obesity	0	111	
Building a System to Implement Obesity Guidelines	0	80	
Advocacy and Childhood Obesity	0	74	

How to navigate through the HOPE Project website

As a reminder, in order to begin the program on the website, you will need your pre-assigned login and password which you should have received via private email. A listing of the assigned login and password for each registered participant at your residency program has also been sent to your program coordinator. Please contact your program coordinator if you have deleted or misplaced your login information.

You may join the HOPE project via the following link:

http://hope.app.knoodle.com/main/groups/HOPE_PROJECT

After login, the following welcome screen will be displayed. You can view lessons individually (choose featured lessons on the right hand side). Alternatively, you can select topics, where related lessons and materials are listed together. There are a total of 18 power point lectures for a total of 10.5 medical or dental education credit. These credits will be assigned to you under your own specific login.

Therefore it is important that you login under your assigned login and password for education credit.

To select a lesson module, click on the accompanying picture frame.

To select a lesson click on the topic title

Groups >> HOPE Curriculum Project

Search for topic or comment [opt out of this group](#)

Topics	Replies	Views	Last post
Introduction to the HOPE project	0	67	
HOPE Curriculum Website Instructions & Contact Info	0	64	
Expert Committee Recommendations	0	25	
Behavioral Counseling & Motivational Interviewing	0	16	

Featured Lessons

- [Introduction to HOPE...](#)
- [Advocacy](#)
- [Building a System](#)
- [Introduction to HOPE...](#)

When you select a topic, the following screen will be displayed:

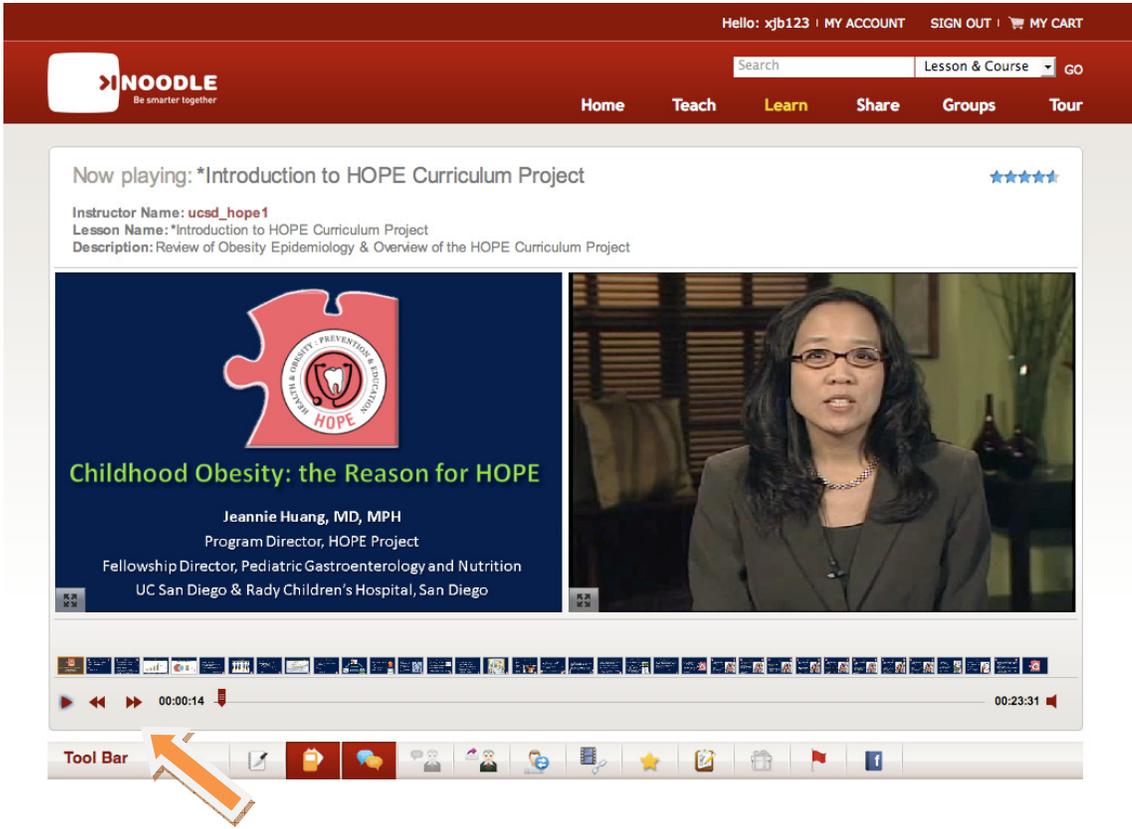
The screenshot displays the Noodle LMS interface. At the top, the header includes the Noodle logo, a search bar, and navigation links for Home, Teach, Learn, Share, Groups, and Tour. The main content area shows a topic titled "Cultural Sensitivity and Weight Management" with a date of "Jun 25, 2009 12:55 AM" and a "#1" indicator. The topic description states: "This topic covers how to address weight in a culturally appropriate manner, using approaches specific to the cultures of Hispanic Americans, African Americans, Native Americans, and Asian Americans/Pacific Islanders. TO RETURN TO THE HOME PAGE, USE THE BACK BUTTON ON YOUR INTERNET BROWSER." Below the description is a row of five lesson thumbnails. A red arrow points from the text "Lessons" to the fifth thumbnail, which is titled "Cultural Sensitivity Over...". Below the lessons is a section for supplementary materials, with a red arrow pointing from the text "Supplementary materials" to a PDF document titled "Cultural Assessment Form.pdf". The page also features a "Post a Comment" button and a pagination control showing "Previous | 1 | Next".

From this topic summary screen, lessons can then be selected.
Supplementary materials can be selected for view from the bottom listing.

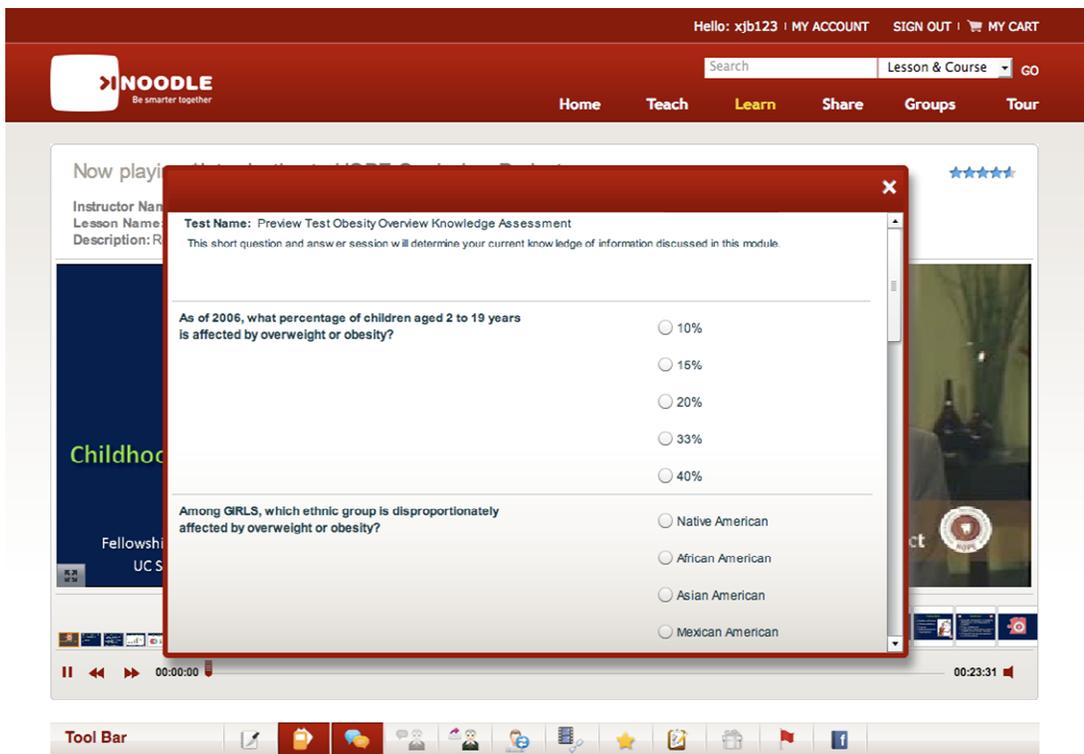
When you select a lesson, you will initially be directed to the following module introductory screen where you will receive some basic information on the module.

The screenshot shows a web interface for a lesson. At the top, there is a navigation bar with the Knoodle logo and the tagline 'Be smarter together'. The user is logged in as 'xjb123' and has options for 'MY ACCOUNT', 'SIGN OUT', and 'MY CART'. A search bar and a 'Lesson & Course' dropdown menu are also present. Below the navigation bar, there are tabs for 'Home', 'Teach', 'Learn', 'Share', 'Groups', and 'Tour'. The main content area is divided into two columns. The left column features a large blue box with a red puzzle piece graphic containing the HOPE logo. The text in this box reads: 'Childhood Obesity: the Reason for HOPE', 'Jeannie Huang, MD, MPH', 'Program Director, HOPE Project', and 'Fellowship Director, Pediatric Gastroenterology and Nutrition UC San Diego & Rady Children's Hospital, San Diego'. The right column contains lesson details: 'Name: *Introduction to HOPE Curriculum Project', 'Description: Review of Obesity Epidemiology & Overview of the HOPE Curriculum Project', 'Category: Health & Personal Care > Medical', 'Author: ucsd_hope1', 'Rating: ★★★★★', 'Total Duration: 00:23:31', 'Published: Oct 14, 2009 03:26 PM', 'No. of Slides: 35', and 'No. of Attachments: 3'. Below the main content area, there are three buttons: 'GO TO LESSON', 'BOOKMARK THIS LESSON', and 'BACK'. A red arrow points from the 'GO TO LESSON' button down to the explanatory text below the screenshot. At the bottom of the page, there is a footer with the text: 'All rights reserved. (C) 2009 Knoodle | About Us | Legal | Press | Contact Us'.

You must click on the “Go to Lesson” button to go to the lesson and PowerPoint presentation.



To begin the PowerPoint presentation, you must click on the Play arrow button (indicated by yellow arrow). **The loading of the lesson is dependent on your internet connection speed and may take a few minutes.** Prior to each presentation, you will be asked to perform a **mandatory** knowledge pre-test (see screen shot below). You must perform the pre-test the **first** time you see the presentation. Thereafter (i.e. every visit after the 1st), you may merely hit the “Skip” button at the end of the pre-test.



Once in the presentation, to replay or jump to any particular slide, you should click on a slide in the slide bar (indicated by the green arrow). Supplementary materials (noted by the purple arrow) are also available for view under the dual screen/slide selection bar. To view and download, you should click on the named file.

The screenshot displays the iNOODLE learning platform interface. At the top, the user is logged in as 'xjb123' with options for 'MY ACCOUNT', 'SIGN OUT', and 'MY CART'. The iNOODLE logo is on the left, and navigation links for 'Home', 'Teach', 'Learn', 'Share', 'Groups', and 'Tour' are on the right. The main content area shows a video player for a lesson titled '*Introduction to HOPE Curriculum Project' by instructor 'ucsd_hope1'. The video is currently playing a slide titled 'Obesity Prevalence' which shows a pie chart of weight status among US children from 2003-2006. The chart is divided into three categories: Non-Overweight (31.9%), Overweight (15.6%), and Obese (16.3%). A green arrow points to a slide thumbnail in the video player's slide bar. Below the video player, there is a 'File Attachments' section with links to 'Bibliography', 'HOPE Proj Summary', and 'Slide NOTES'. A purple arrow points to the 'HOPE Proj Summary' link. At the bottom, there is a comment box and a 'POST A COMMENT' button, along with a 'Tool Bar' containing various icons for navigation and interaction.

Now playing: *Introduction to HOPE Curriculum Project

Instructor Name: **ucsd_hope1**
Lesson Name: *Introduction to HOPE Curriculum Project
Description: Review of Obesity Epidemiology & Overview of the HOPE Curriculum Project

Obesity Prevalence

Weight Status among US Children 2003-2006

Weight Status	Percentage
Non-Overweight	31.9
Overweight	15.6
Obese	16.3

Ogden et al. JAMA, 2008.

File Attachments: [Bibliography](#) | [HOPE Proj Summary](#) | [Slide NOTES](#)

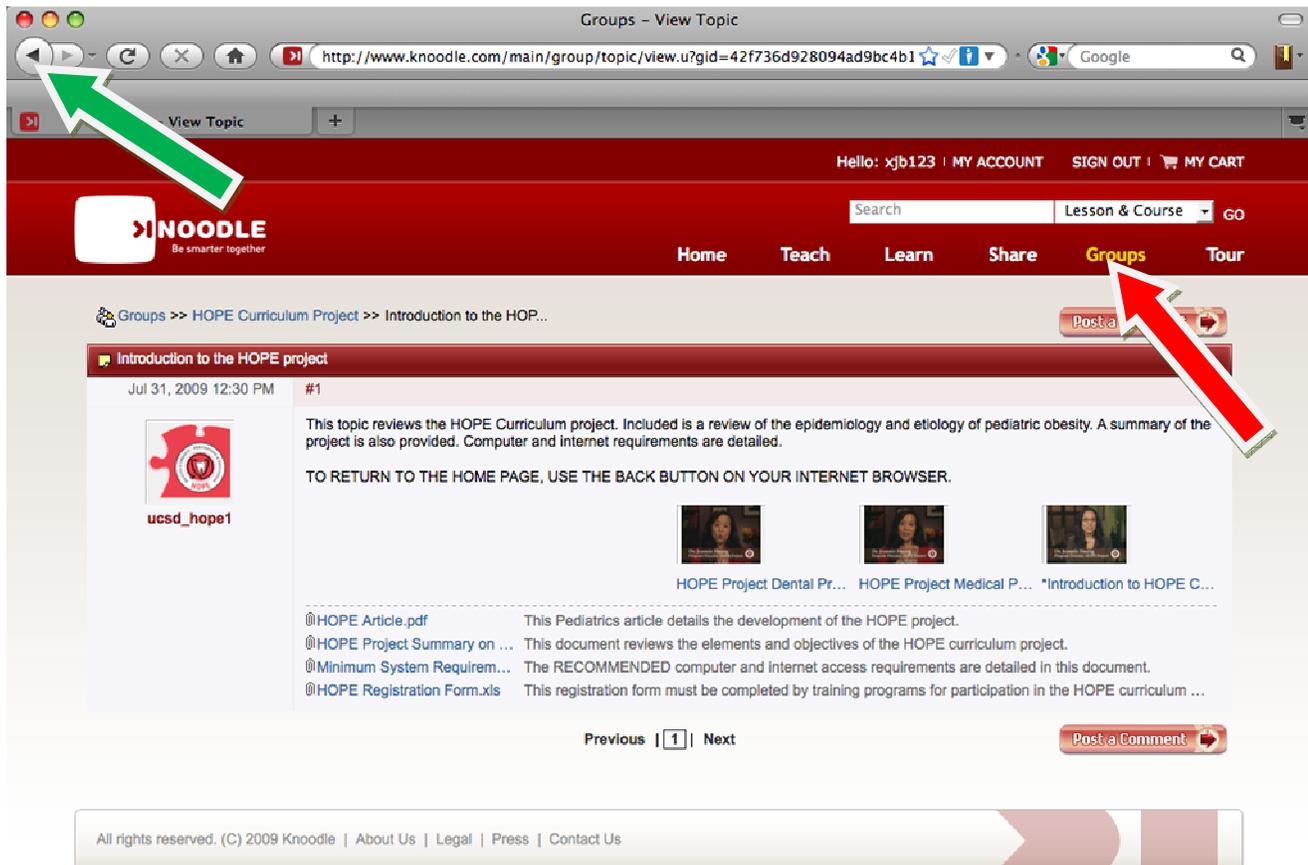
Post your comment here... [POST A COMMENT](#)

Tool Bar

Please note that evaluation is an important component of HOPE and necessary for ACGME requirements. Prior to each module, a mandatory pre-test will appear (discussed above). You will need to complete the pre-test before you are given access to the module lesson. After each module, you will be asked to perform a mandatory post-test. **Participants must complete the post-test to receive education credit for the module/lesson.**

Troubleshooting

To return to the main HOPE page, it is best to navigate within the HOPE site **using your browser's back button** as shown by the **green** arrow in the image below.



Alternatively, you may select GROUPS from the top bar (as imaged above by the **red** arrow). If you select this, you will then see the following image (see below). Select the HOPE Curriculum Image (shown by the **purple** arrow) to return to the main page.

